



Traction Wall Mount: T-Bar Installation Instructions



Includes:

- 1 T-Bar wall mount
- 1 Carabiner clip
- 3-inch screws (QTY 6)

Tools Needed:

- Phillips head screw driver
- Stud finder



Getting Started:

1. Choose the area where you would like to have the wall mount, locate a stud in the wall.
2. The bottom of the wall mount should be about 4 feet from the floor, to best accommodate most heights.
3. Use the 3-inch wood screws to attach the wall mount to the wall stud using a phililps head screwdriver. Make sure to use all 6 screws for a secure mount.
4. Attach the carabiner clip to the hole at the desired height and adjust as needed. Tie knots in the traction rope to fine tune the height if needed.

MAINTENANCE: Pettibon System recommends replacing products as needed – especially if they are under continuous use. If wear is noticed, replace IMMEDIATELY. Clinic use: replace often for maximum benefits.

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