



Pettibon Vibration Platform



How it Works:

We utilize a quiet but powerful (30 watt) motor with two vibration-causing eccentrics with a variable-speed controller that allows 0 to 99 Hz vibrations, based on the needs of the individual patient each time it is used.

The vibrating platform has an attached incline board, which has proven to be extremely beneficial in stretching tight calf muscles. Through use of the variable speeds between 30 to 60 Hz, the time needed to stretch the calf muscle has been significantly reduced. The slit in this incline board anchors the back leg of a Therapeutic Wobble Chair into place.

Getting Started:

- Find the best vibration speed for your patient, you should be able to feel the vibration on their sternum.
- Place an anti-fatigue mat under the platform to reduce noise.

This versatile platform can be used in different ways including:

- Toes and front of foot elevated, using the calf stretcher.
- Standing with feet flat if calf stretch is not needed.
- Heels up on the inclined board for increased vibration in the back.
- Seated and exercising on the Therapeutic Wobble Chair.
- Standing while utilizing the body weighting system.

Contra-indications:

1. Patient is dehydrated before use.
2. Patient is vitamin/mineral deficient.
3. The patient's muscles are not warmed up and the tissues have not been stretched.
4. The patient vibrates too long, causing fatigue.
5. The amplitude of the vibration is too great.
6. Full range stretching does not follow therapy.
7. Pregnant women, please consult physician.
8. Recent surgical patients, please consult physician.

MAINTENANCE: Pettibon System recommends replacing products as needed – especially if they are under continuous use. If wear is noticed, replace IMMEDIATELY. Clinic use: replace often for maximum benefits.

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